

Providing the Support Cancer Patients Need to Continue their Lifesaving Treatment

Effective side effect management helps patients continue their therapy



An estimated 1.8 million people will be diagnosed with cancer in 2020. And while it remains the second leading cause of death in the U.S., with early detection and the latest treatment advances, more and more people are surviving this devastating disease.¹ In fact, there are 16.9 million Americans living today with a history of cancer.¹ But these treatments can be costly and cause intolerable side effects that make adhering to the medication regimen difficult.

Elixir has developed an approach to managing oncology treatments that offers the individualized care cancer patients need to help overcome these obstacles, improving results and managing costs for the patient and payer alike.

Condition-Focused Clinical Controls Ensure the Right Medication at the Right Time

Treating cancer is complex and there are continual advances in therapy options and treatment guidelines. Healthcare providers are routinely challenged when selecting a treatment plan that provides the patient the best chance of survival or even a cure. Elixir has developed dynamic prior authorization criteria for

oncology medications that utilizes the most up-to-date information for making coverage decisions. We work with you to develop a plan design with condition-focused clinical controls that provide the reassurance that your members are receiving the right medication at the right time.

An Integrated Care Team Provides Needed Visibility

Cancer patients may be seeing multiple providers for their condition, from oncologists to surgeons to their primary care provider, and could be filling prescriptions at multiple pharmacies. As a result, payers have a limited view of the member's prescription therapy. Elixir integrates with the specialty pharmacy—Elixir Specialty and other specialty pharmacy partners—to control cost and improve health outcomes. We share data with all care teams to provide visibility into utilization history and claims processed through any pharmacy and benefit coverage. This integration enables all care coordinators to work together to best manage the member's care, while providing better, data-driven, personalized clinical guidance.

BEST-IN-CLASS ONCOLOGY PATIENT MANAGEMENT RESULTS WITH ELIXIR SPECIALTY²



Medication
Adherence

92%

BENCHMARK: 86%



Rate of Discontinuation
due to Side Effects

1.4%

BENCHMARK: 6%



Dose
Reduction Rate

4.4%

BENCHMARK: 14.5%



Avg. Time Spent with Patient
Prior to Start of Therapy

22

MINUTES



Average Savings for
Top 5 Interventions

\$10,232*

SAVINGS

The Data You Need to Improve Outcomes

Raw data can provide numbers regarding outcomes, but with expert analysis, it can become valuable insight that can reduce costs and close care gaps, like abandonment, disease progression and inappropriate dosages. We provide robust reporting, insights and recommendations to identify risks and cost-saving opportunities, close care gaps, and tailor member communication support.

Comprehensive Support Makes Lasting Impact with Oncology Treatments

Supporting the patient through their oncology treatment is critical to their success and safety. In coordination with the specialty pharmacy, Elixir's oncology care team provides comprehensive support from the very first patient interaction, helping patients manage side effects and overcome therapy hurdles to improve treatment outcomes and quality of life. This can help improve adherence rates and lead to fewer discontinuations of treatment or dosage reductions due to side effects.

Before the first treatment, the care team educates the member on what to expect, determining the optimal time to start therapy given potential side effects and their readiness to begin the treatment. Members are assessed for copay assistance, linking them to copay assistance

programs to make expensive oncology medications more affordable, which also help increase adherence. The Elixir care team continues interactions with members throughout their therapy to aid in their success, helping them better understand and have confidence in their treatment.

Delivering Better Outcomes for Cancer Patients, While Providing Plan Savings

Elixir's dedication to the patient is the difference between simply supplying a medication and truly impacting the quality of a patient's life. Knowing that every patient's story is unique, we provide a proactive, hands-on approach that is disease and drug specific, as well as tailored to each patient's individual needs. We help patients manage side effects that are sometimes intolerable, which helps keep them on optimal treatments and manage costs by limiting medication waste. Our clinicians are engaged with both the patient and the physician care team throughout treatment to ensure the optimal therapy management and care coordination.

¹American Cancer Society (2020). Cancer Facts & Figures 2020.

²Elixir Specialty (2019). 2018 Specialty Rx Key Performance Indicators

*Aggregate savings of \$10,232 from clinical interventions conducted in 2018 based on amount of medication not wasted and limited healthcare costs because the patient continued treatment. Results may vary based on plan utilization and size.

For more ways to improve plan and member outcomes, visit blog.elixirsolutions.com.